



**RURAL**  
MISSOURI

# Sac Osage Electric Cooperative

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August 2012

# News

Visit us on the Web - [www.sacosage.com](http://www.sacosage.com)

## Annual Meeting

Sac Osage Electric Cooperative held its 72nd Annual Meeting of the members on Tuesday, June 12, 2012. It was a pleasant summer evening with over 1,255 members, special guests and friends of the cooperative attended the annual meeting. "Doofus aka Randy Newman" entertained the crowd with his amazing talent and charismatic personality. Randy Newman truly is a multitalented and exciting performer as he plays fiddle and entertains with his jokes and stories. He is undoubtedly a talented individual that put together a show that had something for everyone as he entertained the crowd with a great mixture of fiddle playing and storytelling while the members finished registering, voting, eating the famous Lion Burgers served by the El Dorado Springs Lions Club and visiting with other members. A number of prizes donated by the cooperative's vendors were given away to attendees, as well as a 42" Flat Screen T.V., Apple iPad, Kindle Fire along with eight bicycles for the youngsters.



Two director candidates ran unopposed to serve on the Board of Directors of Sac Osage Electric Cooperative, Mr. Jim Murray, from the rural Iconium area, Mr. Neale Johnson, from the rural Stockton area.

Mrs. Jan Neale, from the rural El Dorado Springs area was running for reelection. She was opposed by Vanessa Hardy of El Dorado Springs. Mrs. Jan Neale won with 68 votes over 13.

Following the Cooperative's 72nd Annual Meeting the Board Directors elected officers in their annual re-organizational meeting. Each officer is elected by the directors to serve in these elected capacities until the next re-organizational meeting after the Annual Meeting. The elections were conducted by secret ballot and overseen by the Cooperative's attorney, Chris Hoberock.

Brad Thompson, Walker, was re-elected to the position of President of the Board by his fellow directors.

Tony Underwood, Jerico Springs, was re-elected to the position of Vice-President of the Board by his fellow directors. As the Cooperative's Board Vice President, Tony stands ready to perform the duties of the President if there is an absence of the President.

Jan Neale, El Dorado Springs, was elected as the Secretary/Treasurer of the Board. It is her duty to see that minutes and notices of meetings are properly recorded and executed and to execute approved expenses and deposits within the provisions of the Bylaws of the Cooperative.

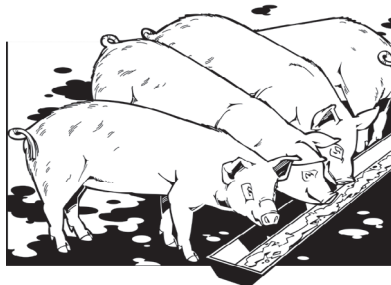




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## Pearls before swine

Like casting pearls before swine, early Americans used to feed caviar to their pigs before learning that the fish eggs found in the "poor folks' diet" of sturgeon were the same delicate roe that could be imported from Russia. By the mid-1800s, American sturgeon



was beginning to find its place on the gourmet's menu, and the roe was being salted and packed as caviar. Previously, the same tasty morsels were also used as fish bait for eels and perch, as well as for common compost.

## Dog days end

Aug. 11 marks the end of those hot and sultry Dog Days, which commenced July 3 and were named for the Dog Star, Sirius. Summer's not quite over, so there's still time for a late planting of heat-tolerant varieties of bush beans, lettuce and kale. Keep tomatoes well-watered and well-fertilized. Chrysanthemums also will appreciate a little fertilizer. Continue to deadhead perennials for continued bloom.



## While the sun shines

Once symbolic of a good harvest, "making hay" has many superstitions associated with it. For good luck, wish on a wagonload of hay. But, if the hay is baled, you'll have to wait until the bales are opened for the wish to come true. Avoid approaching a wagonload of hay

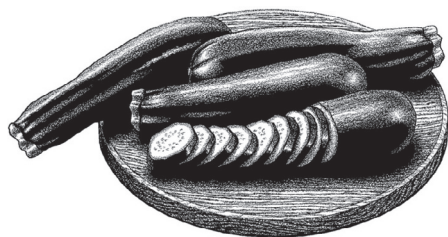


from the rear, because it may bring misfortune to watch the hay disappear from your sight or to see it turn off onto a side road. Bad luck may come your way if you fail to make a wish on a wagonload of hay, so have your wish handy if you are in the countryside.

For recipes, gardening tips and weather forecasts, visit:  
[www.almanac.com](http://www.almanac.com)



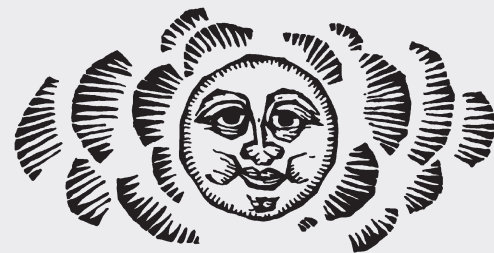
### Recipe for Herbed Zucchini



3 cups zucchini, sliced  
1/2 cup onion, chopped  
2 cloves garlic, minced  
1/4 cup olive oil  
2 tablespoons lemon juice  
3 sprigs parsley, minced  
1/2 teaspoon each basil, oregano, thyme  
Pinch of sugar  
Dash of redpepper sauce

Briefly sauté the zucchini, onion and garlic in oil. Add the remaining ingredients and continue cooking until the zucchini is tender but not mushy. Chill for at least 1 hour and serve as a cold relish. Makes 6 servings.

## THE OLD FARMER'S



# WEATHER PROVERBS

**Dry August and  
warm doth harvest  
no harm.**

**When it rains in  
August, it rains honey  
and wine.**

**Fog in August  
indicates a severe  
winter and plenty of  
snow.**

**If many meteors in  
summer, expect some  
thunder.**

**If horses stretch out  
their necks and sniff  
the air, rain will  
ensue.**

**The louder the frog,  
the more the rain.**

**Onion's skin very  
thin, mild winter  
coming in; onions  
skin thick and tough,  
coming winter cold  
and rough.**



## H O M E C O M F O R T

# Create kitchen comfort

*Remodeling your kitchen? Think smart layout, Energy Star appliances and overall efficiency*

Dear Jim: I like to cook, but the kitchen gets uncomfortably warm during summer, even with air conditioning. We are planning to remodel the kitchen soon. What are some tips to keep it comfortable and efficient?  
— Marta F.



by Jim Dulley

**D**ear Marta: Heat and water vapor buildup can quickly take the fun out of cooking. During summer, you can figure on doubling the energy use of the cooking itself because the air conditioner is using more electricity to remove the extra heat and humidity.

Because you are planning to remodel your kitchen, there are three basic concepts to consider for efficiency: design/layout of the kitchen, selection of appliances and general kitchen efficiency tips. Your goal is to use as little heat as possible to prepare your meals. Keep in mind that all of the electricity you use, including for items such as lighting, ends up as heat energy in your kitchen.

### Layout

When laying out the floor plan for your remodeled kitchen, use the “kitchen triangle” concept for both efficiency and convenience. The three areas used most often are the sink, range and refrigerator. Try to locate these in an equilateral triangle as much as possible. If your kitchen is relatively small, you may only have to take a step or two to get from one to another.

It might sound obvious not to put hot appliances, such as the range or dishwasher, immediately next to the refrigerator, but I see it all the time. Even though a refrigerator has heavy wall insulation, it will use more electricity to stay cold while a turkey is roasting for hours inside the range next to it. A dishwasher gives off a lot of warm, humid air, which reduces the efficiency of the refrigerator condenser coils.

Do not place the range under a window that you plan to use for natural ventilation. Even a small breeze can carry away quite a bit of heat, which should be going into the pot and not out the window. Locating the sink under a window is good for natural lighting and to exhaust warm humid air during mild weather without running an exhaust fan.



Typically, the fewer features that penetrate the door of a refrigerator, the more efficient it will be.



photos courtesy of General Electric Co.

When laying out the floor plan for your remodeled kitchen, use the “kitchen triangle” concept for both efficiency and convenience. Locate the sink, range and refrigerator in an equilateral triangle to improve use of the space.

### Choosing efficient appliances

Selecting appliances is the easiest part of designing an efficient kitchen, and the refrigerator and range/oven are good places to start because they are the two greatest energy consumers in most kitchens.

In general, a top-freezer-style fridge is the most efficient option, and the fewer features that penetrate the door, the more energy efficient it is. However, a chilled water-to-ice dispenser in the door may actually save electricity overall by reducing how often the door is opened.

Select the smallest refrigerator that meets your needs. A larger model has more surface area, so it absorbs more heat from the room, requiring the compressor to run longer. Each time you open the door of a larger fridge, more warm room air flows in than with a smaller one.

Choose a dishwasher and range based on the energy label and features you need. A range with a convection oven will cook more efficiently than a standard oven. The upfront cost is higher, but you’ll see realize greater energy savings over time.

Ensure you purchase the most efficient appliances

by comparing the information on the yellow energy label, and look for Energy Star models. The Energy Star designation is earned by appliances that meet efficiency guidelines set by the federal government.

That designation comes in handy when identifying efficient vent hoods for ranges. All of the Energy Star models use compact fluorescent (CFL) bulbs, which are up to 75 percent more efficient than standard bulbs. In addition, select a range hood with about 50 cfm of air flow per linear foot of the range top. It should be installed no more than 30 inches above the cooking surface. If the range hood is too high or too small, it will have to run much longer to vent the hot humid air — if it can at all.

### Basic tips

There are some basic kitchen efficiency tips that can reduce energy use and improve your comfort. Whenever possible, use a slow cooker instead of the oven or range. It might not cook quite as evenly, but heat buildup in the kitchen is much less. Also, match the size of the pot to the size of the burner to reduce heat loss.

People typically buy a refrigerator larger than they need “just in case.” If you find yours is seldom full, put several jugs of water in the back. This holds the temperature steadier and reduces air loss when the door is opened. Set the refrigerator temperature at 40 degrees and the freezer around zero. Setting them too cold just wastes electricity.

*Have a question for Jim? Write to: James Dulley, Rural Missouri, 6906 Royalgreen Drive, Cincinnati, OH 45244 or visit [www.dulley.com](http://www.dulley.com).*





## Working together to reduce energy use



*PEAK HOURS ARE THE BUSIEST TIMES FOR LOCAL COOPERATIVES, SINCE MANY PEOPLE ARE USING ELECTRICITY AT THE SAME TIME. IN ADDITION, IT COSTS YOUR CO-OP MORE TO GENERATE ELECTRICITY WHEN DEMAND SOARS DURING PEAK PERIODS — AND THE COST OF YOUR ELECTRICITY ALSO MAY RISE. OBVIOUSLY, USING LESS ELECTRICITY DURING PEAK PERIODS CAN SAVE YOUR CO-OP AND YOU MONEY.*

### BECOME A PEAK SAVER

Here's how you can help during peak hours, which generally occurs in the summer during extremely hot days between 4 p.m. and 9 p.m. Shift household chores and activities away peak periods.

Wait to run your dishwasher until you go to bed. Use the most energy-efficient appliances you have. Your microwave oven uses considerably less energy than your stove or oven. "The term Peak Alert simply means; anticipation that the demand for electrical power maybe at its highest ever" stated Aaron Ash, Member Service Representative.



## Youth Tour

Hard work and creativity has paid off for one area high school junior. Courtney Hooper, El Dorado Springs R-II High School represented Sac Osage Electric Cooperative on the Rural Electric Cooperative Youth Tour in Washington, D.C. Eighty high school juniors participated in the Missouri's 49th annual Missouri Electric Youth Tour to Washington, D.C. June 15-21. The six-day tour provides an action-filled week for high school students, offering them opportunities to learn first-hand what it is like to be involved in politics, community service and today's pressing issues. Highlights included a special session on Capitol Hill with Senators

Christopher Bond and Claire McCaskill to discuss the process of government and issues of the day and increasing their knowledge of cooperative electric utilities and American history. The young people also visited with representatives from their congressional districts, toured famous monuments, the Smithsonian Institution's museums and Arlington National Cemetery. The group also took a sightseeing and dance cruise on the Potomac River one evening with delegates from other states. Other events of the week included participation in the Electric Youth Day, during which a special program coordinated by the National Rural Electric Cooperative Association brought together over 1,400 Youth Tour delegates from across the United States. The delegates enjoyed featured speeches by government leaders and motivational speakers, such as Mike Schlappi, an inspiring four-time Paralympic medalist and two-time world wheelchair basketball champion. Since 1964, the nation's cooperative electric utilities have sponsored more than 40,000 high school juniors and seniors for visits to their U.S. congressional delegations, energy and grass roots government education sessions, and sightseeing in Washington. For more information about the AMEC Youth Tour program, please go to [www.amec.org/youth-programs](http://www.amec.org/youth-programs).