



Sac Osage Electric Cooperative

News

October 2023

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Visit us on the Web - www.sacosage.com



MISSOURI ELECTRIC CO-OP YOUTH PROGRAM MEANS EDUCATION AND FUN

Jude Wyant of El Dorado Springs, was among the 101 high school students from across Missouri who participated in the Missouri Electric Cooperative CYCLE (Cooperative Youth Conference and Leadership Experience) program. The conference was held July 19-21, 2023 at the DoubleTree Hotel in Jefferson City. He was sponsored by the Sac Osage Electric Cooperative.

Each year in July, this action-filled three days provides high school students opportunities to learn first-hand what it is like to be involved in politics, the cooperative form of business and being a leader.

The program included nationally known speakers and time at the Missouri State Capitol learning how a bill goes through the process to become a law.

To learn more about electric cooperatives, the group was divided up into teams that competed in various events like the “build a cooperative” game.

Another highlight was hearing from the Rachel’s Challenge Organization. Rachel’s family and friends speak to youth around the world about Rachel’s legacy of being a positive role model to everyone she met in life.

Students also toured the Missouri State Penitentiary in Jefferson City, MO and saw a live powerline demonstration as well as several electric vehicles at Central Electric Power Cooperative’s headquarters.

The CYCLE program is in its 20th year and is a recipient of the National Community Youth Service award for the top youth program among all electric cooperatives in the country.

For more information about AMEC youth programs, contact director Chris Massman at cmassman@amec.org or go to www.moyouthtour.com/cycle.





WELL TRAINED, HARD WORKING LINEMEN



Sac Osage linemen go through an extensive program that takes years to complete. And even when the apprenticeship program is completed their education continues.

Aaron Ash, General Manager of Sac Osage Electric Cooperative, recognized several employees during a employee appreciation dinner on August 15th, 2023. These employees were recognized for their Completion of Apprenticeship and registration with the Department of Labor and AMEC.

Randon Marshall, Brian Fugate, Josh Heiserman, Randy Fletcher, Tysen Saylor, Mark Boultinghouse, Josh

Berning, and Ronnie Simmons were provided their certificates for this accomplishment.

Kyle McCullick and Robbie Jones were also recognized for receiving their Lineman Fundamentals and Climber Certification Lab. They both completed this task in April of this year.

The last employee recognized during the dinner was Richard Johnston. Richard received his certificate from the State of Missouri, which authorizes him as a Professional Engineer. His certification was signed and dated in September of 2022.



HALLOWEEN SAFETY TIPS



Have children wear **REFLECTIVE MARKINGS** or carry a **FLASHLIGHT** so they can be seen.



Always **CHECK CANDY** before letting your child eat it. Avoid homemade treats made by strangers.



Always **ACCOMPANY YOUR YOUNG CHILDREN** when they are trick or treating.



Make sure your children's costumes are properly sized to **AVOID FALLS AND TRIPPING**.



Use **NON-TOXIC MAKE-UP** on your child instead of a mask so vision is not limited.



Keep kids on a sidewalk or path and don't let them dash across the street or to the next house. Always **WALK TOGETHER** and cross at a street corner or walk signal.

Adventist Health
livingwellpdx.org



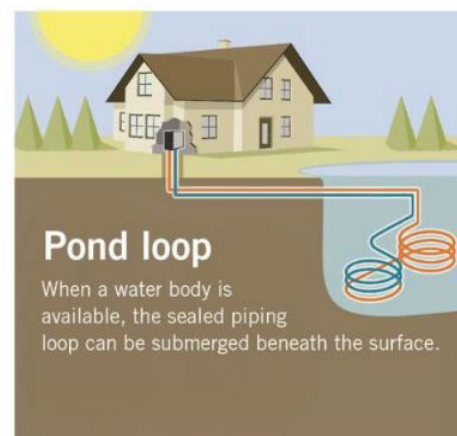
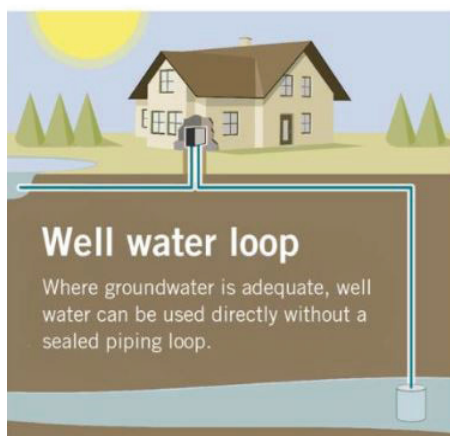
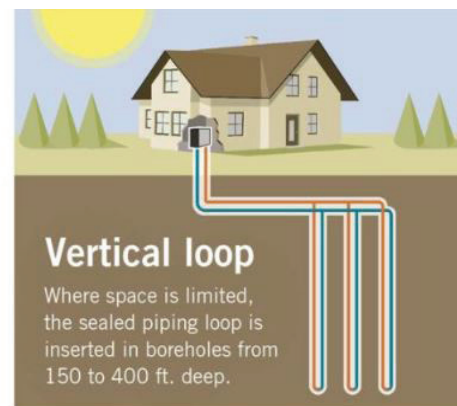
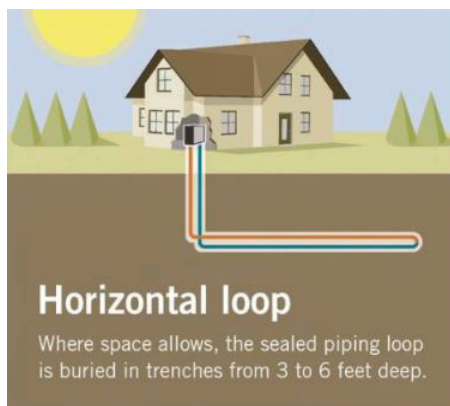
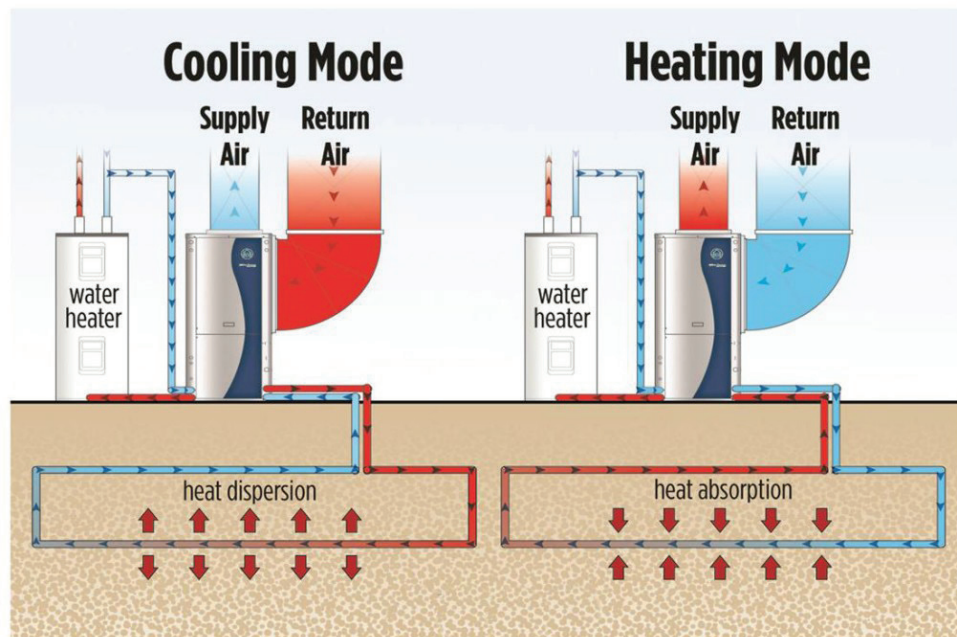
BENEFITS OF GEOTHERMAL ENERGY

Geothermal Heat Pumps (GHPs) are THE most efficient heating and cooling technology in the world. Compared to conventional HVAC equipment, GHPs can save up to 75% more energy. A recent U.S. Department of Energy study showed that 75% of the average home's energy needs can be met with the earth's stored thermal energy. By tapping into that thermal energy, a building's heating and cooling needs can largely be met by a source right under our feet! And because they save so much energy.

While saving money is often a primary focus when considering a GHP, another important benefit to keep in mind is the reduction in greenhouse gas emissions. No fossil fuel is required to operate a GHP; they run on electricity and are a proven clean and renewable technology. The federal government has recognized the tremendous ability of GHPs to reduce greenhouse gases associated with climate change and has specifically recommended that geothermal be used in meeting emissions reduction goals. States and municipalities are increasingly adopting laws and regulations that incentivize GHP use just for this reason. Geothermal is an essential part of how we as a society address the threat of climate change.

Geothermal Heat Pumps are self-contained units that efficiently heat and cool homes and commercial buildings while providing hot water. They use standard electronic thermostats and duct systems, making them appropriate for retrofits of standard heating, ventilation and air conditioning (HVAC) systems. Geothermal Heat Pumps can be sized to heat and cool any building in any climate.

You can find more information at geoexchange.org.



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Connect's services will allow you to:

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